

# Iowa State Time Trial Championships

Sunday - August 16, 2009 | Nichols, IA

**iccc**  
Iowa City Cycling Club



For more info, call:  
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Make checks payable to:  
**Iowa City Cycling Club**



Held under USA Cycling  
event permit 2009-2150

Start Time	Category	Distance	Prizes/Places	Fee
8:00 am	Juniors	20K	Medals/3	\$20
8:00 am	Women 55-59	20K	Medals/3	\$20
8:00 am	Women 60-64	20K	Medals/3	\$20
8:00 am	Women 65+	20K	Medals/3	\$20
8:00 am	Men 65+	20K	Medals/3	\$20
8:00 am	Women 30-34	40K	Medals/3	\$20
8:00 am	Women 35-39	40K	Medals/3	\$20
8:00 am	Women 40-44	40K	Medals/3	\$20
8:00 am	Women 45-49	40K	Medals/3	\$20
8:00 am	Women 50-54	40K	Medals/3	\$20
8:00 am	Women 1 2 3 4 (each category scored separately)	40K	Medals/3	\$20
8:00 am	Men 30-34	40K	Medals/3	\$20
8:00 am	Men 35-39	40K	Medals/3	\$20
8:00 am	Men 40-44	40K	Medals/3	\$20
8:00 am	Men 45-49	40K	Medals/3	\$20
8:00 am	Men 50-54	40K	Medals/3	\$20
8:00 am	Men 55-59	40K	Medals/3	\$20
8:00 am	Men 60-64	40K	Medals/3	\$20
8:00 am	Men 1 2 3 4 5 (each category scored separately)	40K	Medals/3	\$20

State championship medals awarded to the top 3 Iowa  
USAC Road annual license holders in each category  
Juniors will be subcategorized by age and Male/Female  
Masters 65+ (both Men/Women) will be subcategorized into 5-yr age brackets

## Course

Start is located 1/4 mile south of Nichols, Iowa on Highway 70. Nichols is on Highway 22 between Muscatine and Lone Tree. Park in the DOT lot. Course is out and back and very flat. All USAC Road racing rules apply.

## Registration

Onsite registration is at the DOT parking lot. Registration opens at 7:00 am and closes at 8:00 am. 20K riders are first off with all riders started in order of registration.